|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **Sialens 1**  Gwyliwch y clip fidio ar **Pod Antur 1** a rhowch gynnig ar wrando ar y straeon.  Watch the video clip on **Pod Antur 1** and have a go at listening to the short audio stories.  Follow the link  Y Pod-antur on Twitter: "50% discount off "Y Pod Antur Pecyn 3 a 4 ...  <https://www.podantur.com/packs/pack-1/> | **Sialens 2**  Chwaraewch y gêm fidio ar **Pod Antur 1.**  Play the video game on **Pod Antur 1.**  Follow the link  Y Pod-antur Cymraeg - Pack 1  <https://www.podantur.com/packs/pack-1/> | **Sialens 3**  Teimladau! Gwyliwch y fidio ar **Bitesize** a rhowch gynnig ar y tasgau.  Feelings! Watch the video on **Bitesize** and attempt the tasks.  Follow the link  [Cardiau Geiriau Teimladau ac Emosiynau (teacher made)](https://www.google.co.uk/url?sa=i&url=https://www.twinkl.co.uk/resource/wl-t-2548128-cardiau-geiriau-teimladau-ac-emosiynau-cardiau-fflach-welsh-cymraeg&psig=AOvVaw0bZLFOoonWDDz8zlnuUk_x&ust=1589465964234000&source=images&cd=vfe&ved=0CAIQjRxqFwoTCMCl36OEsekCFQAAAAAdAAAAABAE)  <https://www.bbc.co.uk/bitesize/topics/z4vs6v4/articles/zngsxyc> | **Sialens 4**  Gwyliwch **Criw Celf** a gwnewch wynebau eich hunain a’u labelu.  Watch **Criw Celf** and create your own faces. Label them and send them to us on @athrawonbro  Colour Palette Clipart - Free Transparent PNG Clipart Images Download  <https://tinyurl.com/y96dsnju> | **Sialens 5**  Rhowch gynnig ar app newydd- **Aur am Air**.  Try out our a new app and practice your spelling skills – **Aur am Air**.  Aur am Air on the App Store |
| **Sialens 6**  Canwch a dawnsiwch efo **Mr Urdd!**  Sing and dance with **Mr Urdd!**  [PYST on Twitter: "📣Fersiwn newydd o 'Hei Mistar Urdd' gan ...](https://www.google.co.uk/url?sa=i&url=https://twitter.com/pystpyst/status/1123509337136275456&psig=AOvVaw0UJBcorLTdXunMfAYold3H&ust=1589466152563000&source=images&cd=vfe&ved=0CAIQjRxqFwoTCLDZ8_2EsekCFQAAAAAdAAAAABAE)  <http://tinyurl.com/ycmana7c> | **Sialens 7**  Gwyliwch y fidio ar Bitesize ac ewch ati i wneud smŵddi eich hun.  Watch the video on Bitesize and make your own smoothie. Take a photo and send it to us on @athrawonbro  [Easy Fruit Smoothie - Like Mother Like Daughter](https://www.google.co.uk/url?sa=i&url=https://lmld.org/easy-fruit-smoothie/&psig=AOvVaw3H6KaoEToKLDKox9ZSHFml&ust=1589467344462000&source=images&cd=vfe&ved=0CAIQjRxqFwoTCJD8i7aJsekCFQAAAAAdAAAAABAE)  <https://tinyurl.com/y7es6dza> | **Sialens 8**  Cadwch yn heini yn Gymraeg! Keep fit in Welsh! Follow the link below for many workouts suitable for all.  TEULU FFIT - DECHRAU 26/3 0900 - YouTube  <https://tinyurl.com/ycaz3rsu> | **Sialens 9**  Triwch **Ap Iaith** i wella eich Cymraeg mewn parc thema  Try the **Ap Iaith** theme park tasks where you can improve your Welsh skills  Ap Iaith by University of Wales Trinity Saint David | **Sialens 10**  Amser Cerddoriaeth. Gwrandewch ar fandiau Cymraeg.  Listen to some Welsh playlists. Follow the link below  Videos in "Bandiau Cymraeg 2013" on Vimeo  <https://tinyurl.com/ycsemnys> |